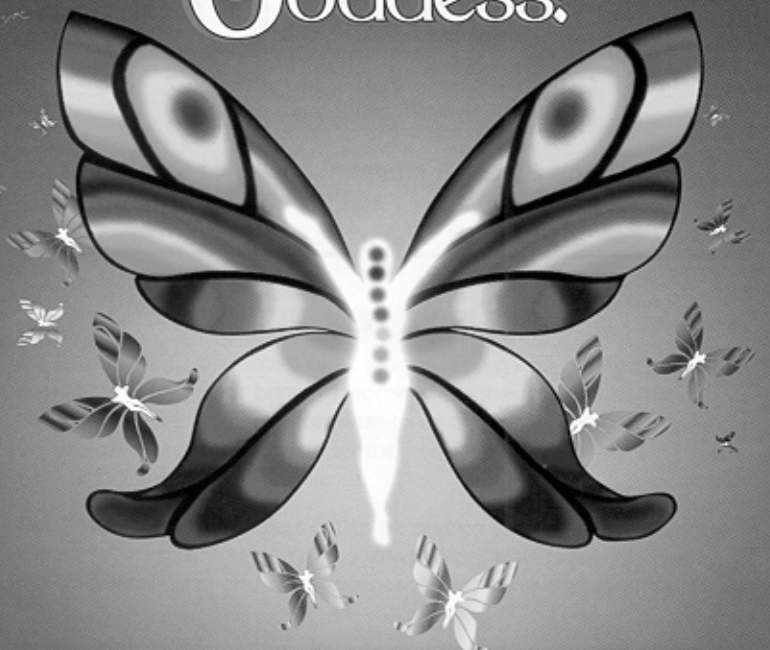


Go Goddess!™

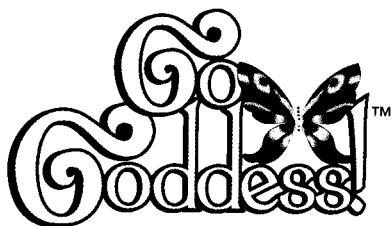


Guide & Game Rules

Goddess \ gäd'is \ noun

1. a woman who strives to be the best she can be.
2. a woman who seeks her truth.

YOU ARE A GODDESS!



Created by Elaine Berkowitz, Ruth Robles
and Kelley Werner

For 2 to 7 Goddesses • Ages 18 and Up



YOU WIN JUST BY PLAYING!

Go Goddess! is for women of all stages. The game provides an entertaining forum for bringing women together to discuss thought-provoking issues that are common to us all. Through laughter and self-discovery, everyone wins as they choose the path of empowerment.

Go Goddess! is the perfect gift to be shared with a close circle of friends or women you would like to know better. Create your own **Go Goddess!** party and take advantage of the fun that awaits you!

Contents

Gameboard scarf, luminary, 28 puzzle pieces, puzzle pouch,
7 colored card decks, 7 colored stones

Object

To allow women the opportunity for growth and personal empowerment through discovery, support, and sharing of themselves and their individual outlook, with other women.

WHAT IS A GODDESS GROUP?

It all began a few years ago with a small group of friends searching for self-fulfillment and a nudge from a dear and loving mentor named Roberta. It was Starr who took the initiative to organize our get-togethers. Our meetings were at Starr's apartment, as she was our "glue" as well as the new mother of twins. Every other Tuesday, we would arrive right around 6:30 P.M., delighted to see each other. Starr had already set the mood with burning candles, incense, and soothing music. It was sheer delight to escape the world for one night and connect with other women.

Once we had all calmed down, we would officially begin our evening with a guided meditation, performed with the aid of a tape or the loving leadership of one of the women. It felt so good to relax and unwind. After meditating for 20 to 30 minutes, we would share our experiences over dinner, talking, laughing and crying about everything under the sun. This group became an important addition to our already busy lives. It was a safe and nurturing place, a place to go to renew our minds and our spirits. We found that being able to say anything and everything on our minds without being judged was downright therapeutic. We decided to name ourselves the Goddess Group.

As the Goddess Group grew, so did our resources, ideas and desire for structure. We started to bring in facilitators—healers, spiritual guides, etc.—to lead the meetings. We are now a group of thirty or so women. We still meet at someone's home twice a month. We continue to start each meeting with a meditation, and then the facilitator leads us through an exercise which enables us to better understand ourselves and to ignite our power. The actual meeting now lasts about an hour and a half, and, as always, we talk over dinner. Several of us volunteer to organize the group's schedule for the year. We plan who will be the facilitators and who is responsible for dinner. Our Goddess Group family has embraced our individual families by inviting our husbands/significant others, parents and children to join us for special get-togethers.

Over the years, a tremendous sense of belonging has developed. So many of us have been programmed to always try to do everything on our own, and we've been pleasantly surprised to realize how satisfying it is to give and receive support and to share ideas with our group. Our time together has had a profound influence on all of us, and has gifted us all with the courage to stand up as the incredible creatures that we are and to dare to follow our dreams. Our sisterhood has witnessed heartbreaks and heart bursts; fears, tears and triumphs; career advances and new endeavors; births and deaths; endings and new beginnings.

We hope that you will open your heart to this experience and spiral up in the energy of your own Goddess Group.

Claine Kelley Jones

TO START YOUR JOURNEY...

Battery Insertion

Loosen the screw on the battery compartment (located on the underside of the luminary), and remove the door. Insert 4 C-size batteries (we recommend alkaline), making sure to align the + and - symbols with the image inside. Replace the door and tighten the screw.

To turn the luminary on or off, slide the switch to the ON or OFF position.

⚠ CAUTION: TO AVOID BATTERY LEAKAGE

1. Be sure to insert the batteries correctly and always follow the game and battery manufacturers' instructions;
2. Do not mix old and new batteries, or alkaline, standard (carbon-zinc), or rechargeable (nickel-cadmium) batteries;
3. Always remove weak or dead batteries from the product.

Setup

1. Unfold the scarf and spread it out on a flat surface.
2. Everyone joins in to shuffle the card decks, keeping them separate by color. Place each deck facedown on the scarf, on the matching-colored spaces.
3. Place each stone next to a card deck on the scarf's matching-colored circle.
4. Place the luminary (with the switch OFF) in the center of the scarf.
5. Place all of the puzzle pieces in the puzzle pouch.
6. Choose one goddess to be the "Guide." The Guide reads the Goddess Greeting (see the box on page 4) aloud to the group.

GODDESS GREETING

Go Goddess! is based on the premise that women gain support and strength from one another. As we answer each question, know there are no winners or losers, no right or wrong answers—just an opportunity to share what lies within. So relax. We're surrounded by friends. Let's have some fun!

The questions that we select are designed to inspire reflection and provoke discussion and laughter. We should feel free to give each other feedback. If our answers are similar, it's okay. If any of us are not comfortable answering a question, feel free to pass. All conversation is confidential. Trust is key.

Where we are now sitting is our power seat for the experience of **Go Goddess!**

Let's take a moment now and light the luminary. It symbolizes the radiance and energy being ignited within us. As we build the Goddess Group puzzle and enter the stones into the inner circle, listen, learn and feel the connection.

Enjoy the journey, and remember, we are all G.I.T.'s—Goddesses in Training!

LET'S BEGIN!

After reading the Goddess Greeting and lighting the luminary, the Guide takes the first turn. Play then passes to the left.

On Your Turn

1. Draw a puzzle piece from the pouch, and follow the directions on it.
2. Place the puzzle piece on the matching section of the scarf.
3. If you draw a card, keep it in front of you.

The Puzzle Pieces

Most of the puzzle pieces direct you to draw a card. After drawing a card and following the directions on it (see **The Cards**, page 5), place the card in front of you and the puzzle piece on the appropriate section of the scarf.

"Feel the Connection" puzzle pieces: If you draw one of these special puzzle pieces, read the statement aloud. Finish the thought started on the puzzle piece, then pass it around as each goddess finishes the same thought in her own way. Place the puzzle piece on the appropriate section of the scarf. Finally, move the colored stone indicated onto its matching-colored space on the scarf's inner circle.

The Cards

Self cards: Only the goddess who draws one of these cards answers the question on it.

Goddess Group cards: These cards are passed from goddess to goddess. Each goddess in turn answers the question. Then the goddess who selected the card takes it back.

ENDING THE EXPERIENCE

Once all of the colored stones have been moved into the scarf's inner circle, the experience ends. Now do the following:

1. The Guide reads the Goddess Closing (see the box below) to the group.
2. Each goddess separates the cards she has collected into different color categories. Determine if there is a majority of any one color. This is your Empowerment Color. (If there is not a majority of one color, select a color as your Empowerment Color.) Then read the attributes associated with your color in the EMPOWERMENT PROFILE section on pages 6 and 7.

SHORTCUT OPTION

Goddesses can agree to finish at any time. To do this, move the remaining stones into the inner circle and perform the steps listed above under ENDING THE EXPERIENCE.

GODDESS CLOSING

All seven stones have been entered into the inner circle. Each stone symbolizes our inner brilliance and unique potential.

Based on the issues discussed, let's take a moment and feel what change we each want to make in our lives. One by one, beginning with me, we will all reveal what that change is. Once everyone has spoken, let's join hands and create our own sacred circle. On the count of three, we'll all take part in a magical intent and extinguish the luminary, send our wishes into the universe.

We should encourage each other to come together again and feel the connection as a group—a Goddess Group—to support one another and promote discussion.

This experience may be ending, but our journey is everlasting. Remember that from this moment forward, what we think about... we bring about. And... **Go Goddess!**

EMPOWERMENT PROFILE

Radiant Red

ASSERTIVENESS—Know that you can do whatever you pursue.

ENTHUSIASM—Every day, in every way, live life to the fullest.

PASSION—Release the full power of your femininity.

INDEPENDENCE—Be free to follow your own path.

SPONTANEITY—Live in the moment.

STABILITY—Reclaim your power and build on it.

STRENGTH—Stand up for who you are and what you want.

Optimistic Orange

ADVENTURE—Believe that life is about exploring and discovering.

AMBITION—Step outside your comfort zone.

CONFIDENCE—Know that every experience builds character.

CREATIVITY—Be open and receptive to new ideas.

COURAGE—Be a victor, not a victim.

PERSEVERANCE—Know that problems are only unsolved challenges.

SELF-ESTEEM—Appreciate your inner and outer beauty.

Intelligent Yellow

AWARENESS—Understand that everything happens for a reason.

DISCIPLINE—Act on your ideas.

EXPRESSION—Ask for what you want and need.

GUIDANCE—Know that you are a teacher of life as well as a student.

HONOR—Celebrate who you are.

LOGIC—Think before you act.

PRAISE—Accept and cherish yourself.

Growing Green

ACCEPTANCE—Stop controlling and allow life's experiences to just happen.

CHANGE—Welcome every new experience.

EXPANSION—Believe you are getting better every day in every way.

HEALING—Respect and nurture your body, mind and soul.

HOPE—Be an optimist, not a pessimist.

NURTURING—Be gentle and take care of yourself.

PROSPERITY—Believe you deserve the very best in life.

Balanced Blue

COMPASSION—Communicate with love and understanding.

FORGIVENESS—Let go of your emotional baggage.

LOVE—Recognize the good in everyone and everything.

PEACE—Go with the flow.

SINCERITY—Get in touch with your feelings.

TRUST—Believe that everything in your life is as it should be.

TRUTH—Honestly evaluate your life.

Intuitive Indigo

ASPIRATION—Choose to fulfill your life's destiny.

INSIGHT—Know that your intuition precisely reveals the perfect next step.

INSPIRATION—Listen to your inner voice.

MAGIC—Believe in miracles.

PERCEPTION—What a woman can conceive and believe, she can achieve.

UNITY—Know that you are never alone.

VISUALIZATION—Feel and see your dreams as though they are reality.

Positive Purple

CONSCIOUSNESS—Know that heaven is a state of mind.

DEVOTION—Give yourself the gift of love.

GRACE—Unconditionally accept yourself at every moment.

INTEGRITY—Believe that you can change the world by changing yourself.

LOYALTY—Be your own best friend.

RESPONSIBILITY—Study the past, live in the present, prepare for the future.

WISDOM—Know that knowledge is power.

CREATIVE Go Goddess! IDEAS

Go Goddess! is a party in a box!

Download Go Goddess! party invitations from the gogoddess.com website by clicking the "game" icon at the top of the Homepage. The "game" page provides easy-to-follow directions.

Use multiple Go Goddess! games for larger groups!

Spice up showers, birthday or dinner parties and "girls' night in" by playing Go Goddess!

Here are some suggestions to enhance the atmosphere when playing Go Goddess!

1. Play soothing or inspiring music.
2. Dim the lights.
3. Create a quiet space in a room where there are no distractions.
4. Sit in the round, at a table or on the floor.
5. Serve simple snacks like popcorn or finger foods that can be eaten easily.
6. Create a gift bag for your girlfriends filled with goddess goodies such as jeweled tiaras, inspirational books, chocolate butterflies, your favorite CD, etc.

Try these decorating ideas:

- Give each player a different colored place setting that matches the game, i.e. for blue, a blue napkin, cup, etc.
- Drape rainbow colors over the back of each chair. You can use pieces of colored paper, fabric, plastic, ribbon, streamers or napkins.
- Sprinkle rainbow-colored confetti, rhinestones or glitter on your game and food tables.
- Place a vase of colored flowers in the room.
- Tie colored helium balloons to each chair, or tie them together and use them as your centerpiece.
- Decorate your guests! Ask each player to come dressed from head to toe in a certain color.

Visit our web site at www.gogoddess.com

Our interactive web site provides an opportunity for women to be heard. Log on daily and experience the **Go Goddess!** group connection. Find out about starting your own goddess group, check out goodies from the website boutique, learn more about **Go Goddess!** interactive seminars or join the global **Go Goddess!** group by registering online.

Go Goddess Girl! Tween Talk™

Share the Go Goddess! experience with goddesses ages 7 through 12. Check out Tween Talk on the **Go Goddess!** website, or have your goddess girl log onto www.gogoddessgirl.com

STORING YOUR GAME

When you're done playing, fold the scarf and place it in the box with the puzzle pouch and Guide Book. Fit the plastic tray into the box. Then place the stones, puzzle pieces, cards and luminary into their recessed areas on the top of the tray.

We will be happy to hear your questions or comments about this game. Write to: Hasbro Games, Consumer Affairs Dept., P.O. Box 200, Pawtucket, RI 02862. Tel: 888-836-7025 (toll-free).

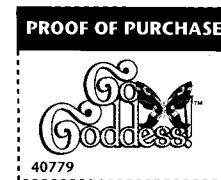
Canadian consumers please write to: Hasbro Canada, P.O. Box 267, Station A, Longueuil, Quebec, J4H 3X6.

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www.gogoddess.com





You win just by playing!

All women are Goddesses!

Choose to embrace this belief and to
create a meaningful, purposeful life.

Every day is a new beginning... an
opportunity to recreate your life and to
realize your dreams.

Make the most of every moment!
Awaken your goddess energy—be the
best friend, mate, mother, daughter,
sister—the very *best* you can be!

And...

Go Goddess!™