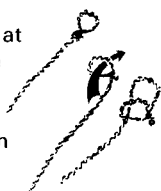


## MEASURING THE STRING FOR THE PERFECT FIT:

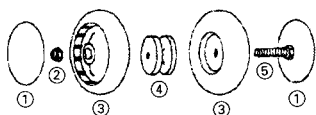
Let your Koosh ProYo hang to the ground, it should be approximately 4 inches above your waist.

## HOW TO MAKE A SLIP KNOT:

Take the loop at the end of the string and loop the string through creating a slip knot.

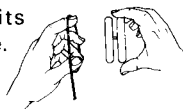


## HOW THE YO-YO IS PUT TOGETHER AND WHERE THE STRING FITS:



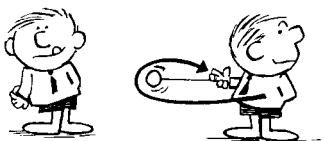
- ① Printed Side
- ② Nut
- ③ Half
- ④ Wood Axle
- ⑤ Bolt

The string fits around the axle.  
**CAUTION:** Do not lubricate or overtighten.



## #2. FORWARD PASS

This is the easiest of all the tricks. Hold the ProYo out behind you with your palm up.

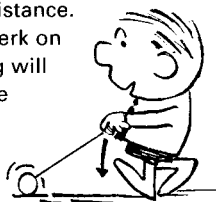


Release the ProYo while swinging your arm forward from your shoulder. Keeping your elbow straight, throw the ProYo and it will return to your extended hand.

## #3. WALK THE DOG

The most popular spinning trick! Throw a fast spinner and gently lower the ProYo until it just touches the floor. Let the ProYo "walk" in front of you for a short distance.

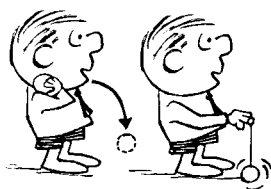
A slight jerk on the string will return the ProYo to your hand.



## PROYO TRICKS

### #1. THE SPINNER

This is the most important trick because it is the basis for 70% of all other tricks. Start with your



hand and elbow held high—level with your ear. Think of your wrist as a hinge. Bring the elbow down sharply, stopping the downward motion just above your waist and release. The path of the ProYo should be in an arc, forward and down. The ProYo will spin at the bottom of the string provided that your hand and wrist are relaxed and that the string is not too tightly twisted. Before the ProYo stops spinning, turn your hand over and give a slight jerk to the string and the ProYo will climb back to your hand. The world record spin is 52 seconds. Aim for 10 seconds and see with practice how you can increase your time.

### #4. ROCK THE BABY

At first, practice this trick without spinning the ProYo. Let it hang the full length of the string. With your left hand, take hold of the string between your thumb and forefinger. Now drop your right hand down to catch the string about 4 inches above the ProYo—Now you have formed a triangle. Drop your left hand down and swing the ProYo up and back through the triangle! Now try doing it with a fast spinner. To make it return, simply drop the ProYo and catch it when it pops back to you!



Learn more about the ProYo at our website:

<http://www.playmaxx.com>