AN IMPORTANT NOTE TO THE NEW COOK'S PARENT: YOU'RE THE COACH!

CAUTION: Some recipes may require use of table knives, can openers, blenders and microwaves. Adult supervision with these recipes is very important to prevent accidental cuts or burns

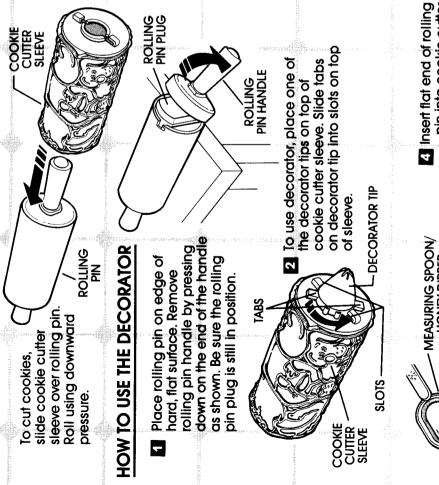
Now, You're Cooking! is designed with the young cook in mind — to teach children basic cooking skills, while having fun creating new and tasty recipes!

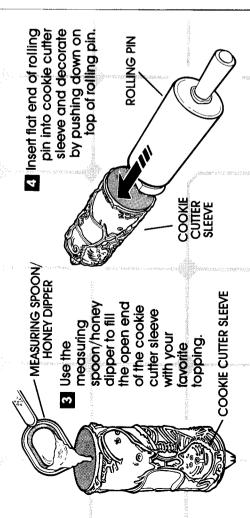
It is important that you, the cooking coach, review all the **Now You're Cooking!** utensils and recipes with your child before beginning. Encourage your child to learn each utensil's cooking function, its proper use, and most importantly, WHICH UTENSILS ARE AND ARE NOT MICROWAVABLE. It's easy to distinguish which utensils are microwavable by the microwave mark. For added convenience, all the Now You're Cooking utensils are dishwasher safe for easy clean-ups.

Please take time to discuss basic kitchen safety and the correct usage of all kitchen tools and equipment before your child begins any type of kitchen endeavor. The good cooking habits they learn now will last through adulthood.



HOW TO USE THE COOKIE CUTTER





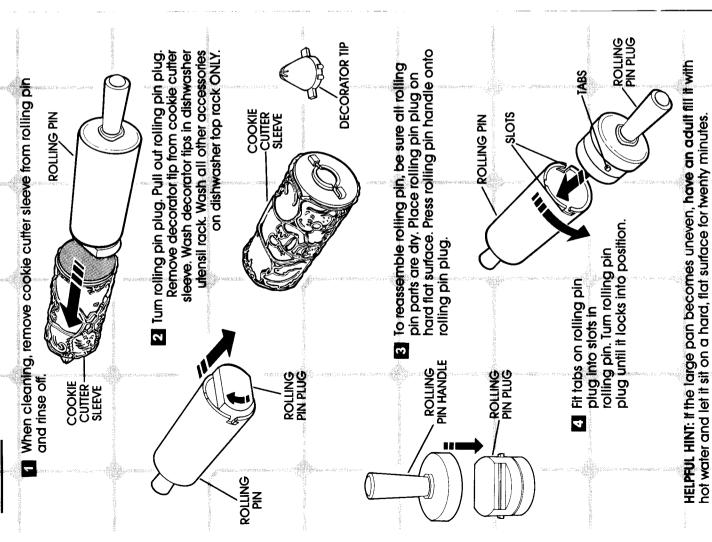
USING A MICROWAVE

- a. Teach your child that a cool microwave doesn't mean a cool dish inside hot food probably means a hot dish! Emphasize the use of pot holders when they suspect something is too hot to handle!
- b. Teach your child to carefully lift any wrapping from microwave-cooked foods to let steam escape and to keep hands and face away from escaping steam.
- c. Set aside all utensils that can be used in the microwave oven. Familiarize your child with the microwave emblem on the microwavable **Now You're Cooking!** items. Also, make sure your child knows what NOT to use in the microwave oven, i.e. foil wrapper, twist ties, metal plates or pans, and any **Now You're Cooking!** ITEMS WITHOUT THE MICROWAVE MARK.

UNIQUE AND FUN RECIPES

The step-by-step recipe cards found in each **Now You're Cooking!** set are designed to teach children basic cooking skills while having fun! Recipes are divided into three different skill levels, making it easy for younger children to master fundamental cooking skills at their own pace. The most basic skill level is the COOK LEVEL which features recipes that are easy to prepare. The CHEF LEVEL means these recipes require some cutting and heating, and the MASTER CHEF LEVEL features more complicated recipes that require adult supervision. Before beginning each recipe, check the logo at the top of each card, the number of servings you can prepare with it, and the ingredients that are required. You may also want to use the valuable coupon book enclosed so you can shop and save at the same time!

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CLEANUP

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